



Project No 2020-2-DE04-KA205-019858

The partnership of the Value project is excited to announce that the Value website is now live! This is our repository of the materials and tools developed for the project. You will be able to access materials and tools free of charge!

What will you be able to find there?

www.project-value.eu

- The Value Practical Roadmap: it has now been designed and developed, ready for the piloting phase of the project! It offers facilitators with useful questioning ideas to use with young people to aid reflection, bring about positive change and encourage a new perspective. Young people's outcomes include personal goal-oriented social behaviour in positive ways that would be meaningful to both them and general society.
- The Value Casebox: the partnership has developed over 50 exercises and tools to work directly with the young people. These tools complement the ideas in the Practical Roadmap and will soon be available on the website.

An example of a Value Casebox activity:



Value Case Box – Canda Mindset / Rope Work

Rope Work

3 steps to the activity realisation



Step 1 – preparation phase

The facilitator has the choice to decide whether to do this individually or in a small group. Consider the preferences, ease of collaboration, communication style, and the situation to decide. It could be used as a 'getting to know you' exercise.

Ideally this could take place outside or inside.

Prior to the activity, prepare by placing the rope on the ground.

Step 2 – activity phase

Place the rope on the ground and explain that the different ends of the rope express two poles or two extremes of thinking.

Describe the two poles so the learners understand what each of them means. For example: "the end nearest to me represents that I am fully in control. The other end represents that I am not at all in control."

Type of activity:
Games

Value of the activity:
The aim of this activity is to provoke thinking and to make you reflect and voice your thoughts. The activity improves the ability to self-reflect in groups or individually.

Timing:
Preparation: 5 mins.
Implementation: 30-45 mins.
Checking learning progress: 15 min.



Funded by the
Erasmus+ Programme
of the European Union

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As much of Europe is coming out of lockdowns and life is almost “back to normal”, opportunities present themselves for young people to become more involved in their communities. Going back to school, volunteering, work experience and trying out new activities are all aspects of life that are becoming possible again.

The Value project partnership is working to promote this upbeat spirit and positive social action in young people, especially those that are disadvantaged. We cover the following topics in our project:

- Self-management
- Effective thinking skills
- Problem solving and identifying personal strengths
- Creating a positive mindset and resourcefulness
- Openness to learning
- Goals and taking action
- overcoming setbacks
- Getting help and support when needed

How can you get involved?

To register your interest or if you have any questions, please message us on [Facebook at /valueEUproject](#).

Don't forget to keep an eye out for our website in the upcoming months to see more about the project www.project-value.eu. To become involved in the piloting phases of the Practical Roadmap or the Value Casebox, get in touch with us on Facebook or by searching your local organisation. Information can be found at the end of this newsletter.



Who are the partners?



Internationaler Bund (IB) is one of the largest service providers in youth, social and educational work in Europe. Its motto is Strengthening Being Human. IB has established more than 700 facilities and branches in 300 locations worldwide, helping 350,000 children, adolescents, adults and senior citizens every year with their career and personal planning and offering a wide range of services.



BEST Institute for Vocational Further Education and Personaltraining GmbH - BEST for short - is a private institute that has been successfully supporting customers in the field of human resources for over 25 years, with a special focus on education and training as well as training and coaching .



MCC is a youth center that is available for youth for socialising and providing non-formal education in order to improve youth competencies and empower their social engagement.



Inova (UK) was established in 2001 and provides consultancy services in the area of self-development and entrepreneurship, with a focus on diversity and equal opportunities. Inova focuses on supporting those who are under-represented or those who face particular challenges to fulfil their potential in a professional setting.

Thank you for your time!



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