

Walk and talk

3 steps to the activity realisation



Step 1 – preparation phase

This activity addresses competencies such as team work, decision making and communication. The goal of this activity is to break the routine and offer a different approach.

Timeline of the activity: 35 minutes

- ✓ 5 minutes - brief facilitator input;
- ✓ 15 minutes - walk of the pairs;
- ✓ 15 minutes - debriefing in the large group.

Step 2 – activity phase

For the implementation you will need quite a lot of space (preferably outdoors) for participants to go for a walk. It is very important to choose a calm and easy trail for the participants
Concrete steps for the implementation:

As a facilitator of a structured dialogue, the current activity might support you in conducting the session on finding possible solutions to the issue at hand.

Structured dialogues and debates among participants and policy makers does not always have to be formal and in an indoor setting as the topic itself can support the notion of the importance of field work.

While in a group format start by explaining the advantages of thinking while moving. Then explain that the next step is to walk in pairs and discuss the question being central for the concrete structured dialogue session. Depending on the number of participants, make sure that the pairs are not walking on the same route or at least two pairs per same route that the suggestions the pairs make can be added with the second pair walking the same route. We also suggest that the pairs receive a map of the route they should walk and give directions to observe the environment and the behaviour of people.

Step 3 – wrap up phase

Suggest that during half of the time participant A is speaking and, on the way, back Participant B. Provide each pair with sample questions such as: How (dis)satisfied am I with the current situation? What are the current most important challenges/questions? Explain what the participants should bring back as a result. Remind the participants to take a picture of the focus questions before they leave the room. As a facilitator, you may also ask them to bring back inspiration, like a photo from the route. Debrief how the inspiration outside helped them to answer the focus question.



Type of activity:

Walking and talking

Value of the activity:

With this activity you will be able to improve you team work, communication and decision making competencies.



Timing:

5 minutes - brief facilitator input;
15 minutes- walk of the pairs
15 minutes debriefing in the large group.



Activity follow-up:

Further reading –

<https://equiip.eu/activity/activity-4-walk-and-talk>



Other value case box components:

any ethical considerations, any specific material needed (supportive material/infrastructure, tips/hints, or maybe critical success factors.