

Interview your neighbours

3 steps to the activity realisation



Step 1 – preparation phase

To implement this activity, you would need to do some research on the young persons' neighbourhoods first and make sure the neighbourhoods are safe for conducting interviews. Then you need to prepare a handout listing some questions for the young people to ask their neighbours and take notes.

Suggested questions are:

- V What is the biggest difference between how you approached life when you were at my age and how you approach life now? Do you think that the difference brings about positive changes in your life?
- V What do you regret most?
- V Who has been a positive influence in your life?
- V What do you perceive as your strengths?
- V Can you describe a situation when you put off getting what you wanted?

Step 2 – activity phase

At the beginning of the activity, explain to the young people the purpose of the activity and what they need to know to carry out the interview. Then, walk them through all the questions and make sure that they understand what each question means.

As this might be the first time they do an interview, help them practice introducing themselves to their neighbours and ask for an interview. Encourage them to ask at least 2 neighbours.

Together with young people, set a date to gather again, discuss the outcomes of their interviews, and do a group reflection.

Step 3 – wrap up phase

Reflect on the interview outcomes with the participants.

Ask them to share what they learn from carrying out the interviews and whether or not they understand more clearly the importance of self-management and self-control.

Get them to think about the changes they want to have in their life and which positive influence and elements they want to keep.

Your notes:

- V ...
- V ...



Type of activity:
Interviewing neighbours

Value of the activity:
Via intergenerational interviews with their neighbours (10-15 years older), the young persons practice understanding **self-control and negative or positive influences** and decide whether their neighbours and their approach to life demonstrate self-control and positive influence.



Timing:

Preparation: 10 min.
Implementation: 40 min.
Checking learning progress: 10 min.



Activity follow-up:



Other value case box components:

Ensure that the young people know how to approach their neighbours and ask for their consent before conducting the interview.



Value quoted: