

# Campfire circles

## 3 steps to the activity realisation



### Step 1 – preparation phase

Organise a trip for or a local gathering of young people. Invite them to gather around a campfire – it does not have to be a real one! Bring the necessary materials including pens, paper, and a bowl. Organise any drinks and food if required.

### Step 2 – activity phase

The activity is about using questions to reflect on transitions and the future in a group. This can help build relationships between young people. Sit around a campfire or in a circle elsewhere if a campfire is not possible. Ask each young person to write down on a piece of paper 3 questions that could be interesting to ask on the topic of planning for a future and transitions. As a facilitator, write 6 example questions to add to the bowl and present these if there are any difficulties with coming up with questions. Possible questions include:

- V Do you have any career goals?
- V Are you able to treat yourself with compassion when things go wrong?
- V What skills do you feel will be beneficial for your future?

Participants select a question to answer from the bowl, and share as much as they feel comfortable with. You can find additional questions in the Practical Roadmap on the Value website.

### Step 3 – wrap up phase

For the wrap up phase, you can go around the campfire circle and ask each young person whether they have learnt anything about themselves or others. Give young people enough time to get to know each other by sitting and talking.

Your notes:

- V ...
- V ...
- V ...



Type of activity:  
Person-centred coaching

Value of the activity:  
This exercise aims to bring forward reflection about transitions and planning. Through reflective questions, each young person can think about the next steps and ways to get there. This exercise allows the learners to connect. As a result of the exercise, learners may improve several skills including communication, confidence, and planning.



Timing:

Preparation: 15 min.  
Implementation: 30-90 min.  
Checking learning progress: 15-30 min.



Activity follow-up:  
N/A



Other value case box components:  
Be sure that no one feels uncomfortable and that each person is treated kindly.



Value quoted: